



Theresa Worthy

Keynote Speaker & Trainer

Theresa is an award winning speaker and professional development trainer with expertise in emotional intelligence, self-awareness, and inclusive communication and behaviors. She has more than 10 years experience inspiring and motivating audiences, She works with individuals, groups, and organizations to help them become more emotionally intelligent, self-aware, and inclusive by empowering them to become better versions of themselves. Theresa is also the founder of TSW Wordsmith, LLC and the author of 4 fiction novels and an upcoming nonfiction book on harnessing the power of emotional intelligence.

WHAT PEOPLE

SAY

**"Theresa steered the conversation to illustrate the impact of emotions in the workplace. She is uniquely equipped to motivate and train people to become more emotionally intelligent."
James M. .HR Director**

"Theresa involved the audience in activities and role-play to get her message across. I loved it!" -Barbara B.

"Theresa moderated our panel discussion and was excellent . Her questions were thoughtful and her insights are priceless" - Evelyn M.

SIGNATURE TOPICS

- ✓ Emotional Intelligence in the Digital Age
- ✓ The Language of Leadership
- ✓ Cultivating a Culture of Empathy
- ✓ Being Your Authentic Self
- ✓ Embracing Differences: The Power of Emotional Intelligence in Diverse Teams

LET'S WORK TOGETHER!

Please feel free to contact me for any concerns or questions.

✉ theresa@theresaworthy.com

🌐 www.theresaworthy.com

espeakers

